

ISNIIN	TALAADADA	ARBACO	KHAMIIS	JAMCO
QURAC / BIC (QURACDA FASALKA DHEXDISA AH)				
Jiiska Omelet Rooti Qamadiga duban Sanduuqa dheecaanka miraha oo 100% ah Cinabka	Rooti Ulah Faransiiska Sanduuqa dheecaanka miraha oo 100% ah Tufaaxyo	Rooti Mooseed oo leh UI Jiiseed Sanduuqa dheecaanka miraha oo 100% ah Liin bambeelmo	Buskudka latumay Sanduuqa dheecaanka miraha oo 100% ah Moos	Quraac Pizza ah (dhaqameed) Beegal leh Jiis labeenle (BIC) Sanduuqa dheecaanka miraha oo 100% ah Miraha Noocyada kaladuwan
QADO				
5	6	7	8	9
Digaaga la shiiday Rootiga Cashada Jeekeye sadex midab leh Baradho macaan oo labuufiyay Tufaaxyo	Hilib doofar kulul & jiis oo rooti lasaaray Haruur macaan Karoorada yar Liin bambeelmo	BlackJack Pizza Cagaarada Beerta Qare Doolshe	Digaagga Qesadilla Bariis Liin Basbaas leh Digirta Konfur-galbeed Xabadaha Basbaas Qajaarka Cinabka	Beegar jiis leh Baradhado lajeexjeexay Digirta Cagaaran Miraha Noocyada kaladuwan RIPS
12	13	14	15	16
Dhamaan hilib Lo'eedka kulul oo rooti lasaaray Digirta Cagaaran Baradho macaan oo labuufiyay Beeriyada-Buluugga	Rooti Digaaga Basbaaska leh ama Hab-Guriyeeda Baradhado lajeexjeexay Kabsarta Ulah Cagaarka ah Istarowbeerriyo	BlackJack Pizza Cagaarada Beerta Qare Doolshe	Dooqa Maamulaha Karoorada yar Kabsarta Ulah Cagaarka ah Tufaaxyo	Tacosyo Bariish Spanish Digirta Konfur-galbeed Miraha Noocyada kaladuwan RIPS
19	20	21	22	23
Digaaga la shiiday Rootiga Cashada Jeekeye sadex midab leh Baradho macaan oo labuufiyay Tufaaxyo	Hilib doofar kulul & jiis oo rooti lasaaray Haruur macaan Karoorada yar Liin bambeelmo	BlackJack Pizza Cagaarada Beerta Qare Doolshe	Digir & Jiiska Burrito oo leh Bocor lajarjaray & Shigni Xabadaha Basbaas Qajaarka Cinabka	Beegar jiis leh Baradhado lajeexjeexay Digirta Cagaaran Miraha Noocyada kaladuwan RIPS
26	27	28	29	30
Dhamaan hilib Lo'eedka kulul oo rooti lasaaray Haruur macaan Baradho macaan oo labuufiyay Beeriyada-Buluugga	Rooti Digaaga Basbaaska leh ama Hab-Guriyeeda Baradhado lajeexjeexay Kabsarta Ulah Cagaarka ah Istarowbeerriyo	BlackJack Pizza Cagaarada Beerta Qare Doolshe	Dooqa Maamulaha Barookoli Karoorada yar Tufaaxyo	Tacosyo Bariish Spanish Digirta Konfur-galbeed Miraha Noocyada kaladuwan RIPS

Qiimeynta nafaqada isbuucalaha ah, nafaqada & warbixinta amniga cuntada iyo cinwaanada dhinacyo kale oo warbixin ah oo laga helo websaydkeena:
<http://foodservices.dpsk12.org> & Facebook.

- Biyo iyo noocyo kaladuwan oo cano ah ayaa la bixiyaa cunta kasta:**
- * Caano cad oo cayil lahayn
 - * 1% cad
 - * Cabitaan aan cayil lahayn (Strawberry)
 - * Shukalato aan cayil lahayn



Food & Nutrition Services

Quraac & Qado BILAASH ah ayaa lasiinayaa Caruurta & dhalinta, da'da 1 – 18 sano.

Dookhyada waa isbadali

Dhamaan noocyada badarka ugu yaraan 51% dhamaantood waa hadhuudh kuwaso badana ah sidii looga soojaray geedka.



Iska qor Barnaamijka Aqriska Xiliga xagaaga ee Maktabada Guud ee Denver Public:
Xagaaga Tacaburka

Waa June 1 – 29, 2017, meelkasta oo kamida DPL. Abaalmarino ayaa labixiyaa marka hawlaha ladamaystiro. Abaalmarinada waxaa kamida; Buug, Joornaalo, Tigido Elitch ah, iyo risiidho Chipotle ah. Marka ladamaynaayo dhamaan hawlaha dabaqada, caruurta waxaa sawiro lagu galinayaa xarunta Xawayaanada ee Denver, xarunta Madxafka Daqanka & Sayniska, ama Tigidho Xarumaha Outlaws Denver.
Waa cajiib, waana bilaash, waana qurux!

USDA waxay bixisaa fursado iyo shaqo loo simanyahay.

