



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Breakfast Pizza Mandarin Oranges Blueberries 100% Fruit Juice Box	Hard Boiled Egg w/ Cinnamon Roll Cantaloupe Green Grapes 100% Fruit Juice Box	★ Breakfast Sausage Cannoli Strawberries Nectarine 100% Fruit Juice Box	Pancakes w/ Syrup Cantaloupe Red grapes 100% Fruit Juice Box	Ham & Egg Biscuit ★ Strawberries Honeydew 100% Fruit Juice Box
Mac & Cheese Spicy Chicken Mac & Cheese Sweet Peas Broccoli	★ Beefy Lasagna ★ Veggie Lasagna Garlic Toast PB & J Sandwich Italian Green Beans Garden Greens	Bean & Cheese Burrito Ham Sandwich PB & J Sandwich Spicy Cucumber Coins Baby Carrots	All Beef Hot Dog on Bun Toasted Cheese Sandwich PB & J Sandwich Cheesy Potatoes Tri-color Coleslaw	Chicken Nuggets Dinner Roll Toasted Cheese Sandwich Turkey & Cheese Sandwich Southwest Beans Sweet Potato Puffs
10	11	12	13	14
Hard Boiled Egg w/ Toast Mandarin Oranges Blueberries 100% Fruit Juice Box	Baked French Toast Green Grapes Cantaloupe 100% Fruit Juice Box	Breakfast Pizza Strawberries Nectarine 100% Fruit Juice Box	★ Biscuits & Gravy Cantaloupe Red Grapes 100% Fruit Juice Box	★ Breakfast Burrito Strawberries Honeydew 100% Fruit Juice Box
BBQ Chicken Dinner Roll PB & J Sandwich Fiesta Bean Salad Sweet Corn	★ Hay Stacks Ham Sandwich PB & J Sandwich Baby Carrots Spicy Cucumbers	Orange Chicken w/ Brown Rice Turkey & Cheese Sandwich PB & J Sandwich Broccoli Sweet Peas	★ Chicken Ranch Pizza ★ Cheese Pizza PB & J Sandwich Spinach Salad Baby Carrots	Hamburger Deluxe on Bun ★ Cowboy Burger on Bun Toasted Cheese Sandwich Potato Strips Garden Greens
17	18	19	20	21
Breakfast Pizza Mandarin Oranges Blueberries 100% Fruit Juice Box	Hard Boiled Egg w/ Cinnamon Roll Cantaloupe Green Grapes 100% Fruit Juice Box	★ Breakfast Sausage Cannoli Strawberries Nectarine 100% Fruit Juice Box	Pancakes w/ Syrup Cantaloupe Red grapes 100% Fruit Juice Box	Ham & Egg Biscuit ★ Strawberries Honeydew 100% Fruit Juice Box
Nachos PB & J Sandwich Ham Sandwich Spicy Cucumbers Spanish Beans	All Beef Hot Dog on Bun Toasted Cheese Sandwich PB & J Sandwich Sweet Potato Puffs Tri-color Coleslaw	Chicken Nuggets Dinner Roll PB & J Sandwich Turkey & Cheese Sandwich ★ Homestyle Potato Salad Garden Beans	Spaghetti Marinara w/ Meat Sauce ★ Spaghetti Marinara Garlic Toast PB & J Sandwich Cucumber Coins Spinach Salad	Chicken Fajitas w/ Spanish Rice PB & J Sandwich Spicy Corn Salad Baby Carrots
24	25	26	27	28
Hard Boiled Egg w/ Toast Mandarin Oranges Blueberries 100% Fruit Juice Box	Baked French Toast Green Grapes Cantaloupe 100% Fruit Juice Box	Breakfast Pizza Strawberries Nectarine 100% Fruit Juice Box	★ Biscuits & Gravy Cantaloupe Red Grapes 100% Fruit Juice Box	★ Breakfast Burrito Strawberries Honeydew 100% Fruit Juice Box
★ Broccoli & Cheese Baked Potato Dinner Roll Turkey & Cheese Sandwich Cucumber Coins Baby Carrots	Sloppy Joes on Bun ★ Cowboy Burger on Bun PB & J Sandwich Potato Strips Tri-color Coleslaw	Tostada Sandwich PB & J Sandwich Ham Sandwich Calabasitas Con Eloté Fiesta bean Salad	Hot Ham & Cheese on Bun ★ Chiaquiles PB & J Sandwich Baby Carrots Broccoli	★ Cheese Pizza Turkey & Cheese Sandwich PB & J Sandwich Garden Greens Spicy Cucumbers

31 Daily Breakfast Offered Daily: Cereal & Toast; Yogurt & Granola

Breakfast Pizza Mandarin Oranges Blueberries 100% Fruit Juice Box
Mac & Cheese Spicy Chicken Mac & Cheese Sweet Peas Broccoli

All grain products are at least 51% Whole Grain and made from scratch on site.

Vegetarian choices

FREE BREAKFAST for all students!

★ Made from Scratch, on site!

SALAD BAR

An unlimited variety of fresh, canned, and frozen fruits and vegetables are offered daily. Local varieties are always used when available.

Please note that menus are subject to change

- Water and a variety of milk are provided with each meal:
- * Fat Free White
 - * 1% White
 - * Fat Free Strawberry
 - * Fat Free Chocolate

Weekly nutrient values, nutrition & food safety information and links to other informative sites found on our website at:

<http://foodservices.dpsk12.org> & Facebook.

Denver Public Schools

Food & Nutrition Services